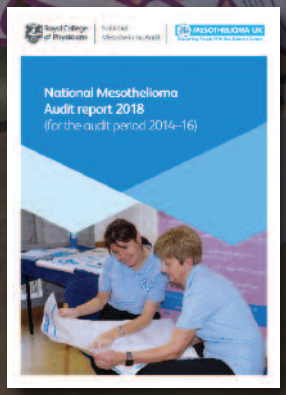
MESOTHELIOMA MATTERS

Summer 2018

Action Mesothelioma Day 2018

Attending International Mesothelioma Interest Group conference



Launch of new National Mesothelioma Audit

MESOTHELIOMA UK
Supporting People With This Asbestos Cancer

CHEMOTHERAPY TREATMENT FOR MESOTHELIOMA PATIENTS RISES

The new audit of mesothelioma in England and Wales has shown that more patients are receiving active anti-cancer treatment with chemotherapy.

Over half of patients received chemotherapy, debulking surgery or radiotherapy – more than ever before.

The results come from the third ever National Mesothelioma Audit, funded by Mesothelioma UK and carried out independently by the Royal College of Physicians. Data is collated, maintained and quality assured by the National Cancer Registration and Analysis Service, which is part of Public Health England (PHE).

For the first time, the Audit has also audited people with peritoneal mesothelioma, which accounts for 4% of all mesothelioma.

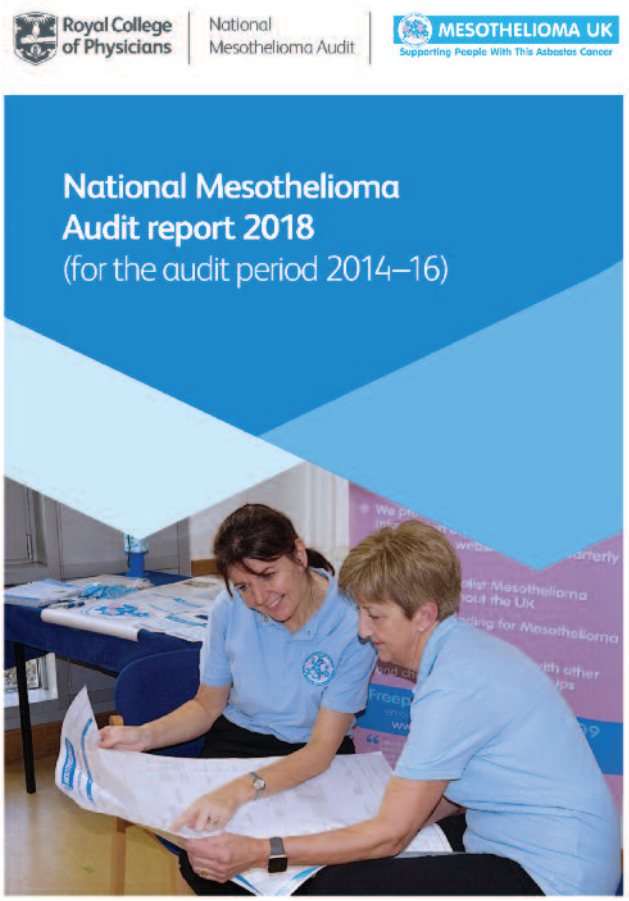
260 people were diagnosed with malignant peritoneal mesothelioma between 2014 and 2016, with 2 in 5 still alive one year after diagnosis. This is consistent with figures for pleural mesothelioma, which is also at nearly 40%.

While an encouraging 81% of patients were discussed at multi-disciplinary team meetings to make sure issues are picked up at an earlier stage, this is still short of the 95% target.

Access to a cancer nurse specialist also remains very variable across England. All patients should be seen by a cancer nurse specialist. This is the case for 93% of patients in Wales, and it is important that such high levels are seen all across England too.

The audit follows two previous audits covering the periods of 2008-12 and 2014 only. Detailed data on 7,192 individual patients with mesothelioma was collected and analysed to produce the report.

Other key findings include that pathological confirmation of the diagnosis was achieved in 88% of cases, only just short of the 90% audit standard. Also, more people are having their sub-type of mesothelioma recorded, which is important for entry into clinical trials.



Commenting on the report, Dr Susan Harden, National Mesothelioma Audit clinical lead, said: "It is pleasing to see that more patients are receiving chemotherapy, however the report clearly identifies areas for improvement for mesothelioma patients. It is important that more patients are seen by cancer nurses and that MDTs manage a greater number of cases of mesothelioma. I welcome this report and hope that the recommendations are taken forward to reduce the variation in care that patients receive."

Professor Mick Peake, Chair of the Board of Trustees, Mesothelioma UK said: "This report shows that there is evidence of some improvements since the first report in 2008, particularly in the proportion of patients receiving chemotherapy. However, wide variations remain between cancer alliances and it is clear that many lung cancer MDTs are managing a very small number of cases each year.

"I hope that those responsible for providing and commissioning the services for patients suffering from mesothelioma will look at this report and seriously consider what implications it has for their own responsibilities for providing high quality care for all."

It typically takes around 20 to 50 years for mesothelioma to develop, with the peak for cases due to be between 2020 and 2025.

Full results are available on at www.mesothelioma.uk.com

UPDATE ON MESOTRAP TRIAL

Royal Papworth Hospital is conducting research to investigate ways of comparing two treatments for patients with trapped lung and malignant pleural mesothelioma. The main pilot study is called the MesoTRAP Trial.

One of the main symptoms in malignant pleural mesothelioma is breathlessness caused by a build-up of fluid between the lung and the chest wall (pleural effusion).

Treatment involves draining the fluid to allow the lung to re-expand. However, sometimes tumour growth over the surface of the lung can prevent it from re-expanding (known as 'trapped lung'). Trapped lung can result in fluid re-accumulation and repeated drainage that can lead to discomfort and multiple hospital visits.

The MesoTRAP Trial will compare two types of treatment for trapped lung:

- Indwelling Pleural Catheter (IPC) – inserting a thin tube into the space around the lung, which can stay in place for many weeks or months and allows patients to drain off fluid at home
- Surgery (video-assisted thoracoscopic partial pleurectomy/decortication (VAT-PD)) - keyhole surgery to remove as much tumour as possible from the lining of the lung to allow it to re-expand

While both approaches are currently offered in clinical practice, it is not known which of the two is most effective in terms of relieving breathlessness, pain and improving quality of life. The MesoTRAP Trial aims to address this.

In addition to the MesoTRAP Trial, two sub-studies are also being run:

- A Qualitative Assessment Sub-Study, led by Prof Angela Tod of the University of Sheffield, which will examine patients' experiences of the two treatments and factors influencing their decisions to participate in the trial or not

- An Observational Sub-Study collecting routine data on patients with trapped lung and mesothelioma who are not suitable, or have declined to take part in the main trial

MesoTRAP first opened to recruitment in July 2017 and is currently recruiting in 17 sites across the UK (Barts, North Bristol, Addenbrookes, Glasgow Golden Jubilee, Greater Glasgow and Clyde, Oxford, Royal Papworth, Peterborough, Preston, Sheffield, Wythenshawe, Pennines, Stoke, Nottingham, Leicester and Derby) with a further two sites (Norfork and Norwich, and Coventry) due to join shortly.

If you are interested in taking part in this study please speak to your own doctor or email papworth.mesotraptrial@nhs.net for further information.

A ROYAL ENGAGEMENT FOR MESOTHELIOMA UK

Every year H.M. The Queen hosts four garden parties in the Palace and Holyroodhouse to recognise and reward public service with invites to more than 30,000 people.

This year, Lady Gretton, H.M. Lord-Lieutenant of Leicestershire very kindly nominated Mesothelioma UK to attend and Debbie Neale (Helpline Coordinator and PA) and Dawn Mckinley (Trustee and former Operational Manager) were lucky enough to attend in May on Mesothelioma UK's behalf.

For Debbie and Dawn this was a once in a lifetime opportunity and they both feel really privileged to have experienced such a distinguished occasion. Debbie and Dawn said: "From start to finish it was such a special and enjoyable day – the memory of which will be treasured forever. We'd like to thank Lady Gretton for nominating us."

NEW MESOTHELIOMA UK RESEARCH FUND

Mesothelioma UK is dedicated to making mesothelioma history and this can only be achieved through world-class research and clinical trials.

It is vital that we increase understanding of how mesothelioma establishes itself and grows to develop better treatments.

To do this, Mesothelioma UK aims to significantly increase the amount of money it has available for research; our vision is to have in excess of £1 million available each year through the Mesothelioma UK Research Fund.

Funding to support the cost of research is essential but in addition to this, we have found that making sure patients, their families and healthcare professionals in every corner of the NHS are aware of research opportunities, is also vital.

Our team of Clinical Nurse Specialists work to achieve equitable access to research and clinical trials and treatments. Each has a local, regional and national responsibility to establish their role as a beacon for all things related to mesothelioma.

We're working towards having a team of 30 Mesothelioma Clinical Nurse Specialists placed strategically across the UK within NHS hospitals.

The Mesothelioma UK Research Fund will fund projects such as the ones featured on pages 4 and 5 on this magazine which have already been funded by the charity. They range from studies into the patient experience of being given a diagnosis, through to investigations into the nature of mesothelial tumour cells to identify new treatments.

Please help us to grow the fund for research and clinical nurse specialists so that we can support those investigating, living with or managing mesothelioma.

You can donate to Meso UK at
www.mesothelioma.uk.com/getting-involved/donate

ADDRESSING HYPOXIA AS A NEW TARGET FOR TREATMENT OF ASBESTOS INDUCED CANCER

By Professor Luciano Mutti, Chairman of the Italian Group for Research and Therapy for Mesothelioma (GIMe)

This project, funded by Mesothelioma UK and awarded through the British Lung Foundation, is investigating the role of oxygen deficiency (hypoxia) and its related biomarkers (hypoxamirs) that are related to a poor prognosis and treatment resistance in malignant pleural mesothelioma (MPM).

HypoxiamiRs are molecules of nucleic acid RNA (also called microRNAs or miRNAs) that regulate how cells adapt to oxygen deficiency. Novel imaging techniques confirm that malignant mesothelioma is a largely hypoxic tumor, which suggests a role for microRNAs as therapeutic targets for patients with MPM.

In this project, the research team identified three upregulated miRNAs in hypoxia condition. The results confirmed that the hypoxiamiR miR-210, was significantly upregulated at 6 and 24 hours in hypoxia across all investigated cell lines. Interestingly, the analysis of our RNA microarray results with the predicted miRNA targets database showed that miRNA-210-3p decreases proteins related to DNA repair to increase genomic instability and contribute to the metabolic shift.
The data obtained from cell lines will be validated on patients' tissue microarrays (TMAs) obtained from MesobanK UK and immunohistochemistry (IHC) slides from Blackpool Hospital. On these samples, expression levels of newly identified proteins that are targets for micro RNAs identified above will be analysed. By validating our research on patient tissue samples, the reliability of our findings and the potential impact on the clinic are greatly enhanced.

This approach will provide information about the identification of novel therapeutic targets and help for personalised treatment of mesothelioma patients by specifically targeting the hypoxic component of their tumours in the future.

RADIO MESO FINAL REPORT PUBLISHED

RADIO Meso (Receiving a diagnosis of mesothelioma) is a research project, funded by Mesothelioma UK and carried out by researchers at the University of Sheffield. The project aimed at identifying ways to improve the patient and family carer experience of receiving a diagnosis of mesothelioma.

Patients and family carers were asked to recall their experience of receiving a mesothelioma diagnosis and to tell the team 'what went well?' and 'what could have been better?'.

All responses were incredibly valuable and after collating them, the researchers were able to identify key themes. To summarise some of these, patients and family carers said that they valued: prior warning that it could be bad news, time to ask questions once the news has sunk in and a point of contact during this difficult time.

Alongside this, participants overwhelmingly drew attention to and praised the important role of healthcare professionals, especially clinical nurse specialists.

Challenges that repeatedly arose across patient and family carer stories included the long and winding road to reach a diagnosis and difficulty accessing good quality, reliable information and local support.

The research is now complete and researchers have published the final report at www.mesothelioma.uk.com.

The top ten recommendations are:

1. Provide consistency and continuity in terms of who the patient sees and what is said.
2. Involve the Clinical Nurse Specialist throughout, starting as early as possible in the diagnostic pathway.
3. Ensure that staff involved in communicating a diagnosis of mesothelioma have specialist knowledge and training in mesothelioma, as well as communication skills. Training should be ongoing with access to regular updates.
4. Be patient-centred when communicating a diagnosis. Take cues from the patient and family in balancing what information to give and when. Use language that is easy to understand. Don't just rely on written information and booklets.
5. Prepare and plan as a team before communicating a diagnosis of mesothelioma. This should include the communication of a plan for ongoing management and treatment to the patient and family carer.
6. Provide a quiet and private environment to facilitate communication.
7. Ensure the patient feels they have been allocated sufficient time.
8. Be direct and honest whilst maintaining hope where possible, for example by providing information about appropriate treatments, symptom management and trials.
9. Use available expertise and resources. No single clinician should carry the responsibility of communicating a diagnosis on their own. Best practice is often from partnership working with different services and quality resources.
10. Make the patient feel like the most important person in the room, and at the centre of the communication process.

GOT A QUESTION?

We'd like to start a regular 'Ask the expert' section in future editions of this magazine. Consequently, we'd really like to hear from you with any questions that our Clinical Nurse Specialists can answer for you.

Maybe you have general questions about preparing for a holiday when you have mesothelioma or how to make sure that you get the most out of your consultations. We hope that the questions will be relatable to many mesothelioma patients who will benefit from the answers.

Please email your question to meso@sandstarcomms.com and we will publish (anonymously) the questions and answers in the next issue.

ACTION MESOTHELIOMA DAY 2018

Action Mesothelioma Day is a day to reflect and remember those who are living with, and those who have lost their lives to, mesothelioma.

The annual event is held on the first Friday of July and is supported by various groups around the country, each holding their own events.

The Leicester Action Mesothelioma Day takes place at Leicester Cathedral and is a 'Service of reflection and hope'. Patients, carers, family members and local dignitaries gather to hang personal messages on a remembrance tree, listen to presentations from healthcare professionals and patients, witness a symbolic dove release and talk to each other over a strawberry cream tea.

Everyone affected by mesothelioma is welcome to attend on Friday 6 July – please contact Jill Lemon on 0116 2965232 or email info@mesothelioma.uk.com

Action Mesothelioma Day events across the UK

Greater Manchester - Albert Square, 6 July, 12.30pm
Bury St Edmunds - St Edmundsbury Cathedral, 1 July, 10am
Leeds - Crowne Plaza, 6 July, 10am to 4pm
London - Guy's Chapel, 6 July, 10.30am to 11.15am
Portsmouth - The Innlodge, Burrfields Road, 6 July, 12pm
Papworth - Papworth Village Hall, 6 July, 1pm to 3pm
Sheffield - Sheffield Cathedral, 6 July, 11am to 1pm
Wales - National Waterfront Museum, Swansea, 6 July from 1.30pm

For more details, visit www.mesothelioma.uk.com/events/meso-uk-action-mesothelioma-day/

ACTION MESOTHELIOMA DAY IN KENT

Brachers Legal Services and London Asbestos Support Awareness Group have organised an Action Mesothelioma Day in Gillingham, Kent on 6 July – 'Mesothelioma: The past, present and future' at Royal Dockyard Church, Chatham Dockyard ME4 4ST from 11.30am to 2.30pm.

Speakers include Professor Karen Cox, Vice Chancellor at the University of Kent, Louise Gillham, Kent Mesothelioma UK nurse specialist, John Reeves, National Union of Teachers (NUT) representative, Mavis Nye, patient and campaigner, Professor Bill Cookson, National Mesothelioma Research Centre, Dr Tuck-Kay Loke, Consultant Respiratory Physician and Jeremy Horton, Asbestos Compensation Partner at Brachers.

Any questions that you would like to raise to the panel can be emailed to FrancescaLodej@brachers.co.uk

IMIG INTERNATIONAL MESOTHELIOMA CONFERENCE

Several of our Mesothelioma UK Clinical Nurse Specialists were able to attend the 14th International Conference of the International Mesothelioma Interest Group in Ottawa, Canada from 2-5 May 2018.

The International Mesothelioma Interest Group (iMig) is an independent, international working group of scientists and clinicians working to understand, cure and prevent mesothelioma. iMig strives to strengthen the international voice and to improve the scientific exchange and knowledge about mesothelioma.

The programme was extremely interesting, wide and varied. Topics included chemotherapy, immunotherapy, targeted therapy, basic science, biomarkers, pathology, symptom control, palliative care, nursing, radiotherapy, surgery, patient advocacy and screening.

Liz Darlison presented the 'UK Perspective: Lessons learnt from the UK'. Liz also chaired a session looking at translating knowledge into clinical action. Some of the team also gave presentations. Lorraine Creech presented 'A collaborative approach to a Successful Support Group for Mesothelioma Patients and Carers'. Kate Slaven (Cambridge) and Simon Bolton (Harrogate) presented 'The influence of Mesothelioma UK Clinical Nurse Specialists'. Kate also presented 'From Support to Social: The Evolution of the Papworth Mesothelioma Support Group'.

Mesothelioma UK works very closely with Professor Angela Tod and Dr Bethany Taylor of the University of Sheffield. We were pleased to see Dr Taylor announced as the winner of the Young Investigator Award and present 'Receiving a Diagnosis of Mesothelioma (RADIO Meso): Improving the Patient Experience' (read more about this award on page 8).

Many of our patients have taken part in interviews and focus groups for this study and we hope that it will really make a difference to practice in the future. Professor Tod also presented the 'MARS2 Qualitative Assessment Study: Implications of Findings for Post Surgical Follow UP Care' and again we would like to thank everyone who took part in this.

The team also manned the Mesothelioma UK stand and liaised and networked with others from all over the world. The UK presence at the conference was amazing and facilitated the communication about mesothelioma and how people should treated and cared for.

Support and collaboration with healthcare colleagues play an essential part in grounding conferences like this and bringing home the messages that we can dovetail with Mesothelioma UK's ultimate goals.

AWARD-WINNING YOUNG INVESTIGATOR

Dr Bethany Taylor from the School of Nursing and Midwifery at the University of Sheffield was recently rewarded for her hard efforts on the roll-out of the RADIO Meso project, dedicated to improving the experience of mesothelioma patients.

Bethany received a 'Young Investigator' award for researchers under the age of 35 from the organisers of the iMig conference in Ottowa, Canada in May. Bethany was at the conference to present the recommendations arising from the RADIO Meso research (see Page 5 of this magazine for more details on the RADIO Meso project and recommendations).

Commenting on the award, Dr Bethany Taylor said: "I'm delighted to receive this award and particularly as it was presented during the iMig conference where there was such a focus on mesothelioma. It was an honour to be there as part of the wider Mesothelioma UK team.

"I'm particularly proud of this achievement as I was representing the patient experience and was the only qualitative Young Investigator to be awarded against competition from other quantitative scientists."

BRISTOL AND BEYOND ASBESTOS FAMILY SUPPORT GROUP ANNUAL CONFERENCE

Bristol and Beyond Asbestos Family Support Group recently held its 8th annual conference where members learnt about the latest trials and treatments.

Professor Nick Maskell, Consultant Respiratory Physician at North Bristol NHS Trust talked about some of the research and trials currently being carried out to improve the patient pathway.

Anna Bibby, Specialist Registrar, North Bristol NHS Trust presented a talk on the current immunotherapy and oncology trials ongoing in the UK at the moment including Checkmate 743, Lume-Meso and Atomic Meso.

Anna also explained that a non-chemotherapy trial called Assess Meso is to be run in Bristol. This is an observational trial for patients who do not wish to undergo chemotherapy and involves taking symptoms scores and measuring biomarkers and other aspects of disease progression.

More information about current trials can be found on the Mesothelioma UK information sheet with this magazine, online at www.mesothelioma.uk.com or by asking your treating physician.

Anna Morley, Respiratory Research Unit, North Bristol NHS Trust talked about her current research project looking into the patient experience of procedures relating to pleural effusions and considering how this can be improved to prevent the need for emergency admissions.

Bob Reeves of the Anchor Society spoke to us about the importance of remaining, or getting, active in older age. The Anchor Society was founded in 1769 and concerns itself with the care of elderly people in the Bristol area.

Isabelle Selley, Senior Associate in Irwin Mitchell's Bristol Asbestos Related Disease Team gave a presentation about funding the cost of treatment where it is not funded by the NHS.

BBAFS is a really special group that members find invaluable. New members are always welcome. Visit www.bristolasbestossupport.co.uk or telephone Sarah Smith on 0117 414 1900 for details.

CLINICAL TRIALS UPDATES

SYSTEMS-2 UPDATE

The SYSTEMS-2 study is a randomised phase II trial of standard versus dose escalated radiotherapy in the treatment of pain in malignant pleural mesothelioma.

The study has been recruiting at the following sites:

- Beatson West of Scotland Cancer Centre, Glasgow
- University Hospital, Southampton
- Forth Valley Royal Hospital, Larbert
- Weston Park, Sheffield
- The Royal Marsden, London

And is pleased to now welcome the following sites as open and recruiting:

- Norfolk and Norwich University Hospital
- Guy's and St. Thomas' Hospital
- New Cross Hospital, Wolverhampton
- Western General, Edinburgh

The following sites are currently in set-up:

- Belfast City Hospital
- St. James University Hospital, Leeds
- Aberdeen Royal Infirmary
- Basildon and Southend Hospitals
- Royal Shrewsbury Hospital
- Royal Derby Hospital
- Kent Oncology Centre
- The Christie, Manchester
- Northern Centre for Cancer Care, Newcastle upon Tyne

Recruitment is progressing well and there are now a total of 34 patients registered. However, this is behind target and there are only a few months left to reach the target of 112. Discussions are taking place to consider an extension to the recruitment period.

If you'd like to know more, please read the information on the clinical trials table with this magazine or visit www.SYSTEMS-2.co.uk

The following trials are now closed to recruitment – Checkmate, PROMISE and LUME. Please check the accompanying clinical trials table with this edition of Mesothelioma Matters for the latest details on all available UK trials.

MARS 2 UPDATE

From Eric Lim, Chief Investigator on behalf of the MARS 2 team

"We continue to make excellent progress with the MARS 2 trial. On successful completion of the pilot phase by the Papworth Trials Unit Collaboration in 2017, the MARS 2 full trial is now managed by the University of Bristol Clinical Trials and Evaluation Unit through a £1.3m NIHR HTA award.

"The UK mesothelioma research community, patients and carers certainly have something to be very proud of, as the award has allowed us to move into the full trial and to add an economic evaluation and the Quintet Recruitment Intervention (designed to help clinicians communicate with potential participants to optimise trial recruitment).

"However, much more needs to be done! We continue to open high volume medical centres and have increased the number of surgical centres to six in total (Glasgow, Sheffield, Leicester, Cardiff and London (Bart's and Guy's)) as the trajectory for recruitment continues to rise. We would encourage clinicians to engage in the Quintet Recruitment Intervention process, an extremely important funded educational process, and for all patients to continue to spread the word about MARS 2.

"The entire trials team continue to be so impressed and thankful for your efforts, enthusiasm and support for this important trial!"

SITES FOR NEW CLINICAL TRIAL NEEDED

Medpace UK is looking for sites to participate in a new clinical trial: A Phase III, Open Label, Randomized, Parallel Group Study to Evaluate the Efficacy and Safety of Intrapleural Administration of IP in Combination with Celecoxib and Systemic Chemotherapy [gemcitabine] in Patients with Malignant Pleural Mesothelioma.

This is a trial of an attenuated adenoviral vector that delivers an immune product and has already been studied in early phase testing. The drug requires infusion into the pleura via an intra-pleural catheter or other intra-pleural access device.

If you are interested in receiving further information about this study, please contact Helena Cochrane on 0208 563 5904 ext. 25788 or email h.cochrane@medpace.com

THE BENEFITS OF PHYSICAL ACTIVITY

Adapted from information collated by Claire Moylan, Chair-based exercise/personal trainer

Physical activity is about moving more and this can be as simple as walking, gardening or housework, although some people may prefer the more the structured approach of a class or group. Taking part in physical activity before, during and after cancer treatment can help with some of the things you may experience during and after treatment. It can have enormous health benefits helping improve mood, fatigue and appetite.

There are many forms of chair-based exercises that are excellent as a starting point, even the smallest increase can improve your quality of life. Speak to your Nurse Specialist or call our helpline if you want some more information on this and what might be suitable for you.

Regular physical activity can help with:

- Hypertension (high blood pressure)
- Coronary artery/heart disease, cardiovascular disease and stroke - there is a 20-35% reduction in risk for each
- Type 2 diabetes - there is a 30-40% reduction in risk of type 2 diabetes in those who are at least moderately active compared to those who are sedentary
- Cancer - there is roughly a 30% reduced risk of colon cancer and about 20% reduced risk for breast cancer
- Improved energy balance, leading to reduced risk of obesity, and weight loss or maintenance
- Mental health problems
- Musculoskeletal conditions - there is a 36-68% reduction in risk for hip fractures and bone mineral density can improve by 1-2%. Taking part in moderate-intensity, low-impact physical activity benefits those with osteoarthritis, rheumatoid arthritis and fibromyalgia in terms of pain, function, quality of life and mental health. Appropriate activity can increase skeletal muscle mass, strength, power and intrinsic neuromuscular activation.

Physical wellbeing:

As well as the beneficial effects of physical activity on chronic medical conditions, there are many other physical benefits, including:

- Improved dyspnoea (breathlessness)
- Decreased fatigue
- Decreased pain
- Improved symptom perception
- Improved appetite
- Improved quality and quantity of sleep
- Improved quality of life
- Improved performance of activities of daily living (ADLs)
- Prevention or alleviation of functional limitations in older adults - physical activity reduces the risk of the prevention or delay in function and/or role limitations by 30%
- Preserving and enhancing physical function, mobility and increased independence.
- Reduced risk of falls and injuries from falls - older adults who take part in regular physical activity have roughly a 30% reduced risk of falls
- Effective therapy for many chronic diseases in older adults

Psychological wellbeing:

The benefits are not restricted to physical benefits. Physical activity can also impact positively on emotional and psychological wellbeing. The Royal College of Psychiatrists (2015) state the less active you are, the more likely you are to end up with low mood, depression, tension and worry.

It state that if you keep physically active, you are:

- Less likely to be depressed, anxious or tense
- More likely to feel good about yourself
- More likely to concentrate and focus better
- More likely to sleep better
- More likely to cope with cravings and withdrawal symptoms if you try to give up a habit, such as smoking or alcohol
- More likely to be able to keep mobile and independent as you get older
- Possibly less likely to have problems with memory and dementia

It adds that even a small change in physical activity levels can boost your morale, give you a sense of achievement and help you to feel better in yourself.

Social benefits:

For group exercise programmes, there are additional benefits:

- Increased social interaction, social support and integration
- Maintaining and increasing social networks
- Maintaining social contacts and remaining engaged with the local community
- Decreased social isolation

Short-term benefits

Short-term benefits include:

- Improved alertness
- Improved sleep
- Improved mood
- Enjoyment
- Social interaction

There are several relatively acute (short-term) effects following physical activity, including the management of glucose tolerance and insulin sensitivity, maintenance of mental and physical function, mobility, and post-exercise hypotension (lower blood pressure).

NEW LOOK WEBSITE

The new Mesothelioma UK website has been launched at www.mesothelioma.uk.com, offering a new look and feel, easy navigation and access to all of the information that you need, related to mesothelioma in the UK.

LEAH APPOINTED AS TEAM LEADER

We're delighted to announce that Clinical Nurse Specialist, Leah Taylor has been appointed as Mesothelioma UK's third Team Leader.

Leah will be Team Leader for the North East region, joining Anne Moylan covering the south of England and Lorraine Creech covering the north of England, Wales and Scotland. Leah is based at the North Tyneside General Hospital and has been a lung cancer nurse specialist for ten years.

Commenting on her new role, Leah said: "I am honoured and delighted to have been appointed as a third Team Leader with Mesothelioma UK. I have been nurse specialist for the North East since 2015 and I am keen to take on the challenge of this new role. I will work alongside the Head of Services and existing Team Leaders to develop and support the mesothelioma nurse team. In addition, I will be responsible for developing an app for our clinical trials information which will ensure our nurses have the latest information available when discussing trials in clinic and on our helpline."

NLCFN GRANT AWARDED

Mesothelioma UK has awarded a grant for research into improving follow up care for UK patients with mesothelioma.

The recipient of the grant is Dr Catherine Henshall, Senior Nursing Research Fellow at Oxford Brookes University, who will carry out a study to identify best practice for patient follow-up care to help them to lead fulfilling lives and 'live well' with their condition.

Mesothelioma UK is committed to supporting research into all aspects of treatment and care related to mesothelioma. The charity works with the National Lung Cancer Forum for Nurses (NLCFN) to make funding available for an NLCFN member or group of members to undertake a small scale research study, a complex audit or a preliminary enquiry to support a larger grant application.

Dr Henshall's new study will involve interviews with patients to identify any common themes around what constitutes living well. Studies involving patients with other long-term conditions have highlighted patients' need for self-esteem and reliable professional and peer support, retaining personal responsibility and preserving identity. The study will investigate if these findings apply to mesothelioma patients or if there are unique factors that enable them to live well.

Commenting on the study Dr Henshall said: "We are delighted to have received this funding from Mesothelioma UK and the NLCFN which will enable us to explore mesothelioma patients' experiences of follow up care. This will enable us to make informed recommendations for policy and practice, and to propose preferred, patient focused, follow-up services that are evidence-based, collaborative and inclusive.

"We are committed to working closely and in partnership with Mesothelioma UK throughout this project to ensure that the best outcomes for mesothelioma patients are identified and promoted, and to make a real and lasting difference to mesothelioma patient care and service delivery."

Liz Darlison, Mesothelioma UK Head of Services said: "Mesothelioma UK is delighted to continue working in partnership with the NLCFN Research Interest Group to provide annual grants that support nurse-led mesothelioma research. We are grateful to the charity's supporters whose valuable contributions make this possible. Follow up care in Mesothelioma is varied across the UK so this study will provide very useful clinical evidence to influence care and services. We wish Dr Henshall and her research team every success and look forward to helping to evaluate and disseminate findings in due course."

RECIPE: WAFFLE BERRY SUMMER PUDDING

This pudding is high in calories, delicious and super easy to make. It also tastes great the next day served cold.

Ingredients
Butter, for greasing
300g (1packet) waffles, cut into 2.5cm / 1 inch squares
300g raspberries
150g white chocolate, chopped into pieces
500ml crème fraiche
55g / 2oz caster sugar
1tbsp plain flour
½ tsp vanilla extract
3 free-range eggs, beaten
2 tbsp icing sugar (for dusting)

Method
Pre-heat oven to 200C/400F. Grease a baking dish with butter. Place half the waffle pieces into the baking dish and sprinkle over half the raspberries and half of the chocolate. Lay over the remaining waffle pieces and then the remaining raspberries and chocolate.

Mix the caster sugar, flour, crème fraiche and vanilla extract together and then whisk in the beaten eggs.

Pour the mixture into the baking dish, covering the waffles, raspberries and chocolate. Bake for 25-30mins (until brown and set in the middle). Allow to cool, sprinkle with icing sugar and serve with vanilla ice-cream or cream.

TRAVEL GRANTS TO HELP PATIENTS

Mesothelioma UK understands that patients do not always have access to specialist care at their local hospitals.

In April 2017, we launched an initiative to support patient travel. The idea was to give all patients the opportunity to access to specialists, treatment and trials without the worry of high travel costs.

If appropriate treatment or opinion is not available at the patient's local hospital then they can apply for a grant to support travel to an alternative location.

Criteria for claiming includes:
- Hospital is out of area and not the patient's local hospital/ cancer centre
- Seeking specialist opinion or second opinion out of area
- Accessing specialist treatment / trials not available at the local hospital
- Travel for those who self-fund their treatment, when treatment is not available locally
- Accommodation when appropriate
- If the trial in which the patient is participating has travel expenses then patient is not eligible to claim
- Travel claims may include expenses for patient and one carer
- Car parking

There was a good response to the scheme with 205 claims by 68 individuals made in the first year. An annual budget of £25,000 was set aside for the year and a total expenditure at year end equated to £29,184.

Please call us on 0800 169 2409 or email info@mesothelioma.uk.com for more information on how to make a claim.

If you would like to help other people affected by mesothelioma to access specialist opinion or treatment, then please make a donation to Mesothelioma UK at **www.mesothelioma.uk.com/getting-involved/donate**

WOMEN AND ASBESTOS

By Aliyah Akram, Barrister, 12 King's Bench Walk

In amongst the scandal of the asbestos industry in the UK is a story of the women who helped to uncover it; below are a few examples.

"The evil effects of asbestos dust have also attracted my attention, a microscopic examination of this mineral dust which was made by HM Medical Inspector clearly revealed the sharp, glass-like, jagged nature of the particles, and where they are allowed to rise and to remain suspended in the air of a room, in any quantity, the effects have been found to be injurious as might have been expected."

The excerpt above was written by Lucy Deane, a Lady Inspector of Factories who warned of the dangers of asbestos in 1898. It appeared in the Annual Report of the Chief Inspector of Factories and Workshops.

Unfortunately, little regard appears to have been paid to her observations. It would be another 33 years before the government began to regulate the use of asbestos by enacting the Asbestos Industry Regulations 1931 and many decades more before effective legislation was passed to properly protect workers from asbestos exposure.

Lucy Deane, who incidentally was a committed suffragist and leading member of the Women's Institute, was one of a number of lady inspectors who reported about respiratory injuries being caused by exposure to asbestos in the late nineteenth and early twentieth century.

Later in the century, in 1965, two women, Muriel Newhouse and Hilda Thompson published 'Mesothelioma of pleura and peritoneum following exposure to asbestos in the London area' in the British Journal of Industrial Medicine.

Their ground-breaking study of 83 patients at the London Hospital established a link between domestic exposure to asbestos and mesothelioma. Domestic exposure usually involved women washing their husbands' dirty overalls. Through shaking off asbestos dust the women breathed in asbestos fibres and many years later contracted mesothelioma.

Newhouse and Thompson also noticed the potential risks of environmental exposure. They discovered that some of their patients' only exposure to asbestos was by living near to the Cape asbestos factory in Barking.

Their paper has been part of the evidence on which successful legal claims on the basis of environmental exposure have been brought.

For example, June Hancock and Arthur Margereson were exposed to asbestos as children living near to a J W Roberts factory, a subsidiary of Turner & Newall. They played near to and sometimes in the loading bays of the factory, even describing throwing snowballs of asbestos around.

When they were diagnosed with mesothelioma decades later in the 1990s they were able to prove that their childhood exposure had caused their disease.

There are many other women who have worked to warn of the risks of asbestos. Just one example is Rosemary Bamforth who died earlier this year at the age of 93. Her work included highlighting the connection between mesothelioma and exposure to asbestos in shipyards.

There are also the women who have been campaigners. Nancy Tait was well known for her work establishing the Society for the Prevention of Asbestosis and Industrial Diseases, an asbestos action group.

Under her direction, from 1988, the group even ran an electron microscope laboratory so as to provide evidence on the presence of asbestos fibres in lung tissue to doctors and coroners.

CANCER ASSOCIATED THROMBOSIS

Can you help to build a better understanding of patient awareness about thrombosis? A new patient survey has been launched in the UK by the European Cancer Patient Coalition (ECPC).

People with cancer have a higher than normal risk of developing a blood clot - a condition known as cancer-associated thrombosis (CAT). Yet it remains under-reported, seldom discussed and often misdiagnosed.

The ECPC patient survey is gathering insights from patients to help understand how much cancer patients know about thrombosis, and when and where they find this information.

Findings will inform discussions with policymakers and other stakeholders to improve their understanding of cancer patients' awareness of thrombosis, so that its risks and symptoms can be dealt with better.

The ECPC is the largest umbrella cancer patient organisation in Europe, representing over 400 cancer patients and organisations in Europe and beyond. Please share your thoughts and experiences!

To complete the UK survey, visit:
http://ecpc.org/CATsurvey

It's never too late to support us and leave a lasting legacy to help others

WELCOME TO FUNDRAISING

MUFFINS FOR MESO IN MAY

Thank you to everyone who took part in our Muffins for Meso campaign in May. It's always an enjoyable fundraiser and we love seeing your photos. From support groups to solicitors, you baked, iced, ate and raised some much-appreciated funds. We will be featuring some of your great efforts in the next edition of Mesothelioma Matters.

KEVIN'S MARATHON

I completed the Paris marathon and raised over **£1,000** in the process. My dad, Tony, was the main cheerleader throughout and probably did his own version of the marathon, going to various vantage points to cheer me on.

I am now looking forward to the Dublin Marathon in October, as well as a triathlon and 100 bike sportive. Again, I will be raising money for Mesothelioma UK.

Kevin Kennedy

"WE GIVE BACK"

Carolyn Tyrer tells us how B&CE's Charitable Trusts (a Mesothelioma UK Gold Corporate Donor) makes a difference

B&CE is a not-for-profit organisation, dedicated to making a difference to the lives of working people. Back in 1942, we launched a simple and effective scheme aimed at construction workers, a workforce that was (and remains) highly transient. Each week, workers would buy a stamp to stick on a card, then cash in the card for holiday money. And so the B&CE story began.

We have been providing simple financial and employee benefits to the construction industry ever since. Our award-winning auto enrolment scheme, The People's Pension, now has four million members across a range of sectors.

And we make a difference by giving back. Since it was established in 1991, our Charitable Trust has provided help for people in need. Anyone who has worked in the construction industry, or is financially dependent on someone who does, could be eligible for our help. The Trust makes payments to help alleviate individual financial hardship, as well as helping organisations and charities with education, training and retraining for current and past workers and young people looking to get into the industry. In 2017, the Charitable Trust passed a significant milestone – we've now paid out over £3 million to help people and fund initiatives and organisations linked to construction.

We also signpost claimants to other organisations to meet their specific needs. These organisations can also refer cases back to us – it's a two-way partnership. These organisations include those that can help with debt management or other financial advice, counselling and charities.

We run two awards each year. Our Mowlem Award, now in its fourth year, grants £20,000 to an organisation that really makes a difference to training and the promotion of health and safety in the construction industry. 2017's winner was St-Eds, a charity that provides a positive learning environment for young people between the ages of 14 and 24.

Some of these young people may have struggled to achieve in mainstream education or are Not in Education, Employment or Training (NEET). We will be announcing the 2018 winner this month so watch this space!

Our Occupational Health Research Award gives £25,000 to support research for the benefit of construction workers. The 2017 winner was Dr Patrick Manu, who is leading a project to investigate the Design for Health Skills, Knowledge, Attitude, Training and Experience (DfH-SKATE) in the construction industry. This is an innovative project which will help shed light on design for health and occupational health management in the sector.

Last year alone we helped over 500 people through both individual and corporate grants linked to the construction industry, donating over £200,000.

To find out more about our claims criteria or to make an application, give us a call on 0300 2000 600. Our experienced claims specialists treat queries with compassion and confidentiality and we'd be happy to help.

Carolyn Tyrer is Charitable Trust Specialist at B&CE. To find out more about the Charitable Trust, go to www.bandce.co.uk

Contact Mesothelioma UK:

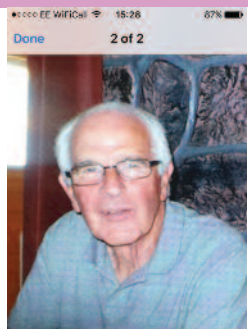
Freephone

0800 169 2409

info@mesothelioma.uk.com

www.mesothelioma.uk.com

JACOB CADDY'S MARATHON



Our son Jacob decided to run the 2017 Amsterdam marathon to raise money for Mesothelioma UK in memory of his granddad, Derek. Unfortunately, Derek lost his fight for life on 19 December 2016 only six months after being diagnosed.

He was a kind, helpful, loving and selfless man; he was a great dad to me and my sisters, and the best husband to my amazing mum, who looked after him for those final six months. He was so proud of his six grandchildren and all that they had achieved. We miss him every single day. We all cherish every great memory we have of dad, and there are lots of them. He still makes us smile even though he is not here.

So, thank you Jake for running those 26 miles, your **£535.69** will help the research continue and maybe help give someone's dad a few months longer.

Stephen Caddy

DANNY PARR'S WEDDING

On 7 April, a familiar face to Mesothelioma UK, Danny Parr, got married to Kate Kelly at Bashall Barns. Danny's dad, Richard, died from mesothelioma in 2011 and would have loved to see his son marry Kate.

Mesothelioma UK supported the family through this difficult time.

The happy couple wanted to make sure that mesothelioma was not forgotten and a donation was made to Mesothelioma UK to purchase badges which all the guests wore on the day in support of the work of Meso UK team.

There was also a bet from each table as they guessed the total time of the bride's dad, Danny's and the best man Jonny's speeches. A further donation was made by Danny's mum. We wish the happy couple all the best!

Lisa Parr

CHARITY MUSIC GIG

A charity music gig with band 'The Truth' was held in February 2018 at Bristol St Andrews Bowling Club in Bishopston, which helped to raise **£1,000**. It was attended by 100 people and organised by Glen Wintle and Brian Mead, who expressed thanks to Wayne Boyland, his band members and to Bristol St Andrews Bowling Club for allowing them to host the event.

Brian Mead opened the event alongside Trevor Wheeler (club member) and Gerry Slade (former Mesothelioma UK Specialist Nurse). The following organisations are thanked for their contributions: Somerset County Cricket Club, Newport County FC, Jane Austen Centre (Bath), Weston-Super-Mare, Grand Pier, Bristol Ferry Boat and Noah's Ark Zoo Farm, plus advertising from Bristol Ticket Shop, Bishopston Matters and Bishopston Voice.

STEVE'S MARATHON

I completed the Manchester marathon and have managed to raise **£1,700**, which is great. I hope that the funds make some small contribution to your worthy efforts.

When I reached **£500** this was money matched by my employer British Sugar, which was very welcome and much appreciated.

Steve McNamara

CRAIG'S SWIMATHON

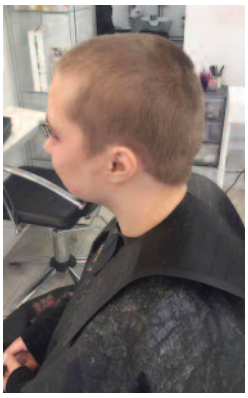
Craig and his two children swam 5km as part of the annual Swimathon to raise money for Mesothelioma UK. Craig more than doubled his fundraising target of **£500** to raise a grand total of **£1,115**.

Craig, who works for asbestos management company, Santia, set himself and his children an exceptionally challenging target of completing a 5k swim in under 90 minutes. 'Team Jones' gave it their all and managed to complete the distance in just 98 minutes, beating their personal targets. Craig's son (Corey, aged 8) swam 50 lengths in under 30 minutes, his daughter (Ella, aged 10) swam 50 lengths in under 25 minutes whilst Craig swam the longer distance of 100 lengths in under 45 minutes.

Despite falling short of the 90 minutes target, 'Team Jones' beat the time set the previous year by an all adult four-man team by two minutes which puts the effort made into context.

Craig said: "I'm proud of the efforts made by my two children for completing the challenge which would have been a meaningless task if it were not for the generous donations received to support my chosen charity, Mesothelioma UK. My children have managed to fundraise **£240** between them for the Swimathon charities Marie Curie and Cancer Research UK so between us, over **£1,300** has been raised for these very worthy causes."

IN MEMORY OF SARAH'S GRANNY



My granny died on 30 June 2007 due to asbestos cancer. Unfortunately, at that time, I was only 10 years old and wasn't allowed to see my granny because 1) she was in a hospice and if we had a cold or anything we would not be able to see her and 2) my granddad and family wanted us to remember her as she was before she went into hospice.

As I grew older I began to learn more and more about her death and what actually happened to her. I promised myself that as I grew up, I would do something to help others with the same thing and hopefully then soon help to find a cure to stop people suffering from this.

Now, at 21 years of age, on 23 February 2018, I went and made the big decision to shave my hair off. My hair was very important to me as it was always my identity, but my granny's life was important to her too and she had to lose it, so I decided to lose something important to me too. I shaved my hair down to a blade two all over and raised **£156.25** for my amazing charity and granny!

Thanks to Cody Shaw at Beauty to Perfection in Musselburgh who shaved my hair off for me.

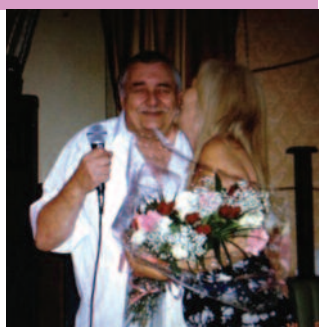
Sarah Welsh

LIZZIE BRAVES THE SHAVE

14 year old Lizzie Miles, from Leicestershire, is planning to shave her head to raise money for Mesothelioma UK. The big shave will happen at the end of June and Lizzie is currently growing her hair so that she can donate as much of it as she can to the Little Princess Trust – a charity that uses real hair to make wigs for children and young adults who have lost their hair through cancer treatment.

Lizzie is fundraising in memory of her grandad who died of mesothelioma in 2011. Please support her if you can at www.justgiving.com/fundraising/lizzie-miles

OLIVYA'S SKY DIVE



Olivya Hames has done a lot of fundraising for Meso UK over the last few years and this year she braved a sky dive – she loved it and wants to do it all over again! Olivya raises money in memory of her dad, Alf.

JEREMY'S HALF MARATHON

The head of Brachers' asbestos/industrial disease team, Jeremy Horton, raised over **£500** for Mesothelioma UK through running the Brighton half marathon in February.

Along with 12,000 others, Jeremy braved a sunny but extremely cold Brighton to complete the half-marathon in 2 hours 1 minute - annoyingly just over the 2 hour mark! Jeremy reckons that but for the biting arctic wind coming off the sea at Hove he might just have done it.

Jeremy said: "I have acted for many victims of this awful disease and Mesothelioma UK is the number one charity working to help them and trying to find better treatment and hopefully one day, a cure. I have previously sponsored others who have done events to raise money for Mesothelioma UK and it was great to be able to do something for them myself having fairly recently taken up running."

HEAD SHAVE RAISES OVER £1,500

My Grandad, Dermott, was diagnosed in September 2016 with mesothelioma caused by exposure to asbestos years ago at work. Sadly, he died only five months after he was diagnosed.

I wanted to raise awareness of this type of cancer and fundraise for Mesothelioma UK who offered advice and support to us all when Grandad was ill. I decided to do a sponsored head shave to raise money and I also donated the hair to make a wig for someone who has lost their hair due to cancer. My Grandad knew about my fundraising plans before he died and I felt very proud to do this in his memory and raise **£1,538.75**.

Tom Hammond (aged 15)

TIFFANY'S FUNDRAISERS

I am 28 years old and was diagnosed with plueral mesothelioma back in February last year. We have no clue of how I came into contact with this disease and didn't even know it existed until then. Therefore we have been doing a few charity events to raise money for Mesothelioma UK to raise awareness and hopefully put us in a better position to find some type of cure.
We raised **£2,150**.

Tiffany Pearce

MY 1ST 26.2 AND #PEOPLEOFMESOTHELIOMA

One of the reasons I decided to take on a marathon was to mark five years since losing my beautiful mum to mesothelioma. When she passed, I had just started the final year of my undergraduate course and I wasn't in a great place for a few years. Looking back, running really helped me find myself again, and I will be forever grateful for what running has done for me.

After deciding to run in memory of my mum I decided to raise some money for Mesothelioma UK. I think we can forget that behind every disease and illness, there are people. People that should be remembered for their courage and determination to keep going.

My mum was given two weeks when she was finally diagnosed and fought for five months. The will and determination for life that she expressed, even in her last weeks, was something that I could never imagine.

I started a campaign - the people of mesothelioma - to honour and remember past and present mesothelioma warriors. The idea was that I would carry all of their names on my running kit while I ran Southampton Marathon.

I didn't expect much but was overwhelmed by the response. I carried 32 names of past and present fighters over the finish line. A moment I will never forget.

In the lead up to the marathon, I was just terrified. The one thing that got me to that start line was the support from all the people who put names forward. I can't thank them enough for the support they gave me.

The night before the marathon I looked through photos of the people I would be carrying. I couldn't help but well up, how much this all meant to me was hitting me in a way I could never have imagined.

The morning of the marathon I woke up feeling incredibly tense but I put on my Mesothelioma UK vest covered in the names of #thepeopleofmesothelioma and was taken over by an intense feeling of determination. There was no way I wasn't finishing.

At the baggage tent a woman approached me and asked if I was Eugenia - I had her dad's name on my top. She thanked me. I couldn't speak but managed to say thank you for coming before I cried. After seeing the family of people I was running for, I was more determined than ever.

Thousands of steps, breaths, tears, heartbeats and 26.2 miles in 4 hours 39 minutes later, I was done. I carried 32 names across the line and I'm sure that all of them were there with me. I had no doubt my mum was looking down on me with so much pride.

The fighting force that the warriors of every disease carry with them is something we should all strive to embody. I truly believe that if people like my mum can fight a disease for five months, fighting for every step, every breath and every moment, any of us can run a marathon.

Thank you to everyone that has supported me, through donations, sharing my posts, spreading the word and getting involved. I couldn't have done it without knowing so many people were willing me to finish.

Eugenia Price

CYCLING SEPTUAGENARIAN RACES TO SUPPORT MESOTHELIOMA SUFFERERS

Having not regularly ridden a bicycle since passing her driving test 56 years ago, Janice Houghton-Wallace set herself the challenge of not only getting back on a bicycle again but training to take part in a cycle time trial challenge as part of the Tour of Cambridgeshire Cycling Festival at Peterborough on 2 June 2018.

Son Robbie bought Janice a new road bike last summer and she is aiming high by trying to qualify to represent GB in her age group at the Golazo World Cycling Championships in Italy later in the year.

"Training is hard but I have set myself this challenge in memory of my brother Stephen, who died eight years ago from the asbestos cancer mesothelioma," says Janice.

"I cared for my brother after he was diagnosed with this disease and given between 8-12 months life expectancy. We think he was exposed to asbestos when 17 years old whilst helping build a new piggery on the farm in the 1960s. Forty one years later this horrific cancer took hold and I witnessed someone I love suffer horrendous, uncontrollable pain."

Janice looked after Stephen at her home in Scotland having been trained to help him by Papworth Hospital but this along with local medical care eventually was not good enough. "I never want to see another human being suffer so," said Janice. He spent his remaining two weeks of life at the Alexander Unit of Dumfries Hospital and the staff were wonderful, allowing special 'friends' to visit – and my little Jack Russell dog Jasper instinctively jumped on the bed and lay down by Stephen's side at the end, with his head on Stephen's hand.

There had still been brief moments of Stephen's humour though such as "This ward is like a first class hotel room, it's as good as being on holiday.... pity I'm not well".

Please help Janice raise money to train more mesothelioma specialist nurses. "We desperately need to educate people that asbestos cancer is NOT a thing of the past and more support and targeted treatment is needed. I cannot bear to think of others suffering in the way my brother did and it is through voluntary donations that this specialist support is funded," says Janice.

Janice has raised over **£2,000**.

Her fundraising page is at:
http://uk.virginmoneygiving.com/JaniceHoughtonWallace

PAUL SCARROW

A fantastic day was had by everyone at the Paul Scarrow charity football match in Ely. Paul died from mesothelioma earlier this year and was cared for at the Royal Papworth Hospital and our Clinical Nurse Specialist, Kate Slaven. The event raised an amazing **£7,076** for Mesothelioma UK. Well done everyone and thank you!

ARCA ANNOUNCES CHARITY WEEK 2018

Last year, the Association held their second Charity Week. A huge thank you to all of the ARCA / ATaC members and their staff for supporting the Charity Week by donating, biking, skydiving, baking (and eating), the total funds raised were fantastic.

This year, you can get involved from 10-14 September. Whether you run, walk, cycle, bake or hold a raffle, all donations can make a difference.

ARCA Charity Week 2018 will support charities; Mesothelioma UK and Wigan and Leigh Hospice.

"We are hoping that even more of our members and their staff get involved with the Charity Week this year to help support our charities," commented Steve Sadley, Chief Executive of ARCA.

The funds you raise can make a difference to those suffering with an asbestos related cancer and to people with a life-limiting illness.

arca charity week 10-14 September 2018

If you, a colleague, friend or family member would like to be added or removed from the mailing list to receive a printed or online version of the quarterly Mesothelioma Matters magazine, please email info@mesothelioma.uk.com

The Mesothelioma UK Charitable Trust exists to raise funds to support the services provided by Mesothelioma UK and any sponsorship, grants or donations made to the charity support this.

Mesothelioma UK Charitable Trust would like to thank all of our wonderful donors.

If you would like to find out more about becoming a Corporate Partner or Friend, contact our Fundraising Manager, Jill Lemon on 0800 169 32409.

Gold Donors 2018/19

Silver Donors 2018/19

Bronze Donors 2018/19

Corporate Partners