

Louise Phillips, Running the Grand Union Canal Half Marathon

On Sunday 13th November 2011, I will be running 13.1 miles at the Grand Union Canal Half Marathon in memory of my lovely dad Brian Steer who sadly lost his brave battle against Mesothelioma on 7th January 2010.

"Well I did it! Running the 'Grand Union Canal Half Marathon' was Amazing. It really felt like I was making a difference, be it in a small way. I know my Dad would have loved that I was running in his memory, especially as last January which was just after the first anniversary of his death, was something that I never dreamed I would be capable of!"



My lovely Dad Brian with his little dog, Maisy...

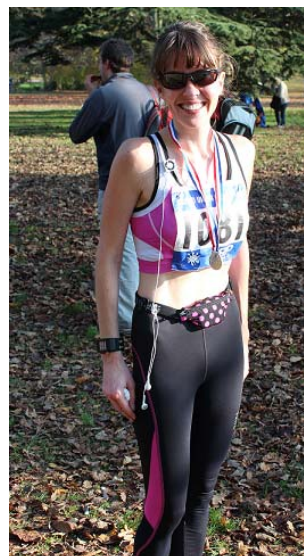


"Sunday November 13th was a truly fantastic day, despite being mid November the sun was shining and after an initial chilly start the temperature rose to a barmy 16 degrees! Quite unheard of for November! The atmosphere was electric and full of excitement as we set off from Cowley Recreation Ground and headed along the toll path to Watford. At times it was hard work to put it mildly, but when I started to flag a bit, I thought about my lovely Dad and how brave and strong he was for all of us throughout his illness and that spurred me on.

Crossing the finishing line in 2hours and 2 minutes felt absolutely incredible and it was made all the more special by all the love and support I received from all our wonderful family and friends and all the money we raised for such a good cause. "

Louise with her winning smile having realised her dream and wearing her very hard earned medal, looking so wonderful and full of pride after finishing her very first Half Marathon.

Well done Louise, we think you are absolutely great and we are so proud to be your chosen charity in memory of your lovely Dad,



Louise with the help of her family and friends raised a huge £536.25... Thank you all so much for your support, it truly is appreciated.