

*The* ROYAL MARSDEN  
NHS Foundation Trust

Engendering Hope  
Mesothelioma UK  
5<sup>th</sup> Patient & Carer Day 2010  
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NHS

# Hope is...

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“a feeling of desire for something and confidence in the possibility of its fulfilment.”

**(Collins English Dictionary 2007)**



# Hope is...

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belief  
ambition  
anticipation  
assumption  
confidence  
desire  
dream  
expectancy  
expectation  
faith  
longing



I've heard that somewhere before....

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Hope springs eternal

Triumph of hope over experience

While there's life there's hope

Hope for the best, but prepare for the  
worst



**Hopes may change over time**  
**What you hope for may not be what**  
**your family and friends hope for**



“A man’s illness is his private territory and no matter how much he loves you and how close you are, you stay an outsider. You are healthy.”

**(Lauren Bacall)**



“Hope is independent of the apparatus  
of logic.”

**(Norman Cousins)**



“Hope provides comfort, and hope  
does not always require probability.”

**(John Perry)**



“Never deprive someone of hope; it might  
be all they have.”  
**(H. Jackson Brown Jr.)**



# Maintaining Hope

- 
- Communication by healthcare professionals
  - Protecting patients
  - Empathy/honesty
  - Patient/family orientations to hope
  - Messages from the healthcare providers supporting hope
- **(Kennedy & Lloyd-Williams 2006)**



# Attributes of hope

- 
- Personal qualities
  - Positive expectations
  - Spirituality
  - Goals
  - Comfort
  - Help/caring
  - Interpersonal relationships
  - Control
  - Legacy
  - Life review



**(Johnson 2007)**

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# Esperanza

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**Baby brings ray of hope  
to trapped miner**



“Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all”.

**(Dale Carnegie)**



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The Royal Marsden

# Natalie Doyle

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