

## Danny Parr's '2011 Triathlon Triumph'

Danny Parr decided to take part in the 2010 Cheshire Triathlon after his dad Rick had been diagnosed with mesothelioma. His mum and dad were so proud of him, not for just raising a whopping £2,662.68 but for doing something positive to support his Dad and others suffering with Mesothelioma.

Danny's lovely Dad Rick passed away in February this year and in tribute to his memory Danny decided to run the gauntlet again and with his trusty bike in tow signed up for the 2011 Triathlon...



**Rick and Danny**

Here's what Danny had to say!

*After doing my first triathlon last year, I knew I wanted to do another one and raise £3,000, but also wanted to share the experience with friends. I bothered and pestered my friends for months until they eventually signed up for the triathlon. Once fundraising had started and training had begun, I think most of the lads enjoyed it, as I know I did. To try and raise this amount of money and to do it in memory of my father was a great incentive to me, and I'm sure on the day this helped me to keep me going. Meso UK is a great cause, and we even got our own t-shirts printed on the day with the name of the charity on the back to increase awareness on the day! I hope to carry on raising money for the charity that were so good with my dad, and hope in the future to stop people having to go through the devastating loss that our family went through.*



Danny has some great friends, Ryan, Shaun, Jonny, Adam and Jonathon who are like his extended family and with a lot of persuasion from Danny they decided they would take on this huge task and be by his side through the training, the pain and the victory.



**Danny and Jonny c**

**Ryan's thoughts...** Well, when I first signed up to do the triathlon and first started training I was thinking, what on earth am I doing! But as we started seeing sponsors creep in, and the total getting nearer to our target I knew I couldn't let anyone down! Seeing the amount we had raised pretty much double in the last few weeks spurred me on even more and showed me that we were definitely doing this for a great cause close to many people's hearts. Throughout the triathlon it was the memory of Rick that kept me going through the pain! It felt amazing crossing the finish line (eventually) and I hope that the money we have raised can help other families and patients through the great work mesothelioma UK continue to do!

**Words from Jonathon Mottershead!!**

Thank you very much for your support and fundraising pack you sent me. It was a great day, I really enjoyed it, and it was a big challenge that felt great to complete... We all did really well!



**Here come the boys....**

**Shaun says...** I decided to take part in the Triathlon because we sadly lost a close family friend to Mesothelioma. Rick played a big role in life from childhood to adulthood, so raising money for Mesothelioma UK seemed a great way of paying tribute to him and his family. I must admit a month or so prior to the Triathlon I started to think "what have I got myself into", but with encouragement and mentoring from Danny and the other lads with training etc, my nerves soon turned into excitement. On the day we had huge support from family and friends, and crossing that finish line with everyone shouting my name was one of the best feelings I've ever experienced. I will remember that feeling and the day itself for the rest of my life. Rick would have been watching down with a huge smile on his face!!

**Danny would like to say 'A big Thank You' which goes to Mr Bill & Mrs Thelma Bicknell, "They are a retired couple, who built 2 excellent bikes for Ryan and Shaun to ride for our triathlon, free of charge!! Bill also built me a bike for my last triathlon in September which I used again this year. Without them we really wouldn't have been able to raise a penny, so we owe them a great deal for this."**

**Adam, a couple of sentences from me...**

Mesothelioma is a disease I became aware of during my time at university as part of my journalism degree. I did a number of reports into the presence of asbestos in schools in Greater Manchester. During that time, I attended various victim support events and met a number of people who were affected by mesothelioma. I wanted to support Danny with raising money and awareness about the disease, and also get fit at the same time! It's fantastic that we've raised this amount, which is double our original target and it was well worth all those weeks of training!



**Team Danny.....**



**'Team Danny' Looking fit and ready to go....  
Jonny C, Adam, Jon M, Danny, Ryan and Shaun**



**Come on Danny nearly there!!!**

**Jonny's reasoning...**

I was driven to do this, complete the Cheshire Triathlon for one reason; Richard "daddy parr" Parr. Having lived with Danny for three years and spending a lot of time at the Parr house, hold up during Uni holidays etc, they have become my second parents. He loved all sports, watching football, horses, boxing, and occasionally rugby with Rick was a common occurrence, so I thought what better way to raise money for a great man than competing in a sporting event!!



**Here comes Ryan!!!**



**Thank god it's over!**

**Mum Lisa and sister Chloe 'We are so proud of our boys..**



**Celebrations all round!**

**Danny and his team have raised £5,667.37 nearly double what he wanted to raise and it is still rising..... You guys are truly an inspiration and we are so proud of you, thank you for your dedication and the wonderful support you have given to the Charitable Trust ... Jill Lemon Fund Raising Manager.**

**To all you others... Thank you so much for supporting 'Team Danny'.**